SPE Continuing Education Committee

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GENDER AND COMMUNICATION INFLUENCE AND PERSONALITY

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MODULE ONE GENDER AND COMMUNICATION

MEN AND WOMEN
IN THE
WORKPLACE



'REPORT vs. 'RAPPORT' SPEAK

Men use language to preserve their independence and maintain their position in a group. Women use language to create connections and build relationships



HOW MEN TALK

- SHORTER SENTENCES
- ONE THOUGHT AT A TIME
- TAKE TURNS WHEN TALKING
- LITTLE VOICE INTONATION
- TALK LITERALLY & DIRECTLY
- TALK SILENTLY TO THEMSELVES
- LISTEN LIKE STATUES!



HOW WOMEN TALK

- MULTI-TRACK
- SPEAK, LISTEN AND OBSERVE BODY LANGUAGE ALL AT SAME TIME
- MANY VOICE INTONATIONS
- USE MORE WORDS (on average 22,000 per day versus men's 7,000)
- TALK EMOTIVELY
- ACTIVELY LISTEN
- THINK OUT LOUD



HOW TO GET MEN TO LISTEN

- MAKE A SPECIFIC TIME
- SET AN AGENDA
- HAVE FIRM OBJECTIVE/S
- DON'T USE THE 'SCHOOLGIRL'
 VOICE
- STICK TO ONE SUBJECT AT A TIME



BOTTOM LINE:

IT HELPS IF WOMEN HAVE A BETTER UNDERSTANDING OF HOW MEN AND WOMEN DIFFER IN THE WORK WORLD AND HAVE ABILITY TO SWITCH GEARS TO SUIT VARIOUS SITUATIONS AND STYLES



HOW NOT TO ACCEPT CREDIT

- It was really nothing
- I was just lucky
- It was not really me
- I tried my best
- Rather : a simple thank you



MODULE TWO: GETTING HEARD IN THE WORKPLACE



KEY ELEMENTS OF COMMUNICATION

- Message
- Medium
- Audience
- Sender
- Which is the most important?



Trust and Believability

Verbal

____%

Vocal

____%

Visual

____%

100%



GETTING YOUR MESSAGE ACROSS

Inductive Approach
Detail, history, context, story

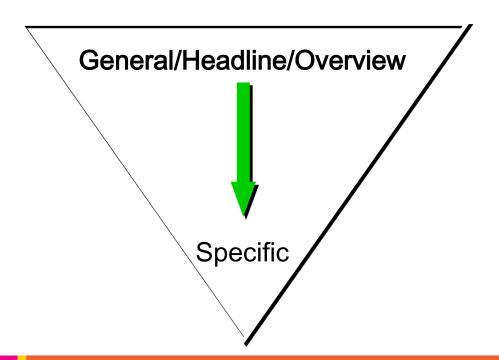


Deductive Approach
Bottom Line

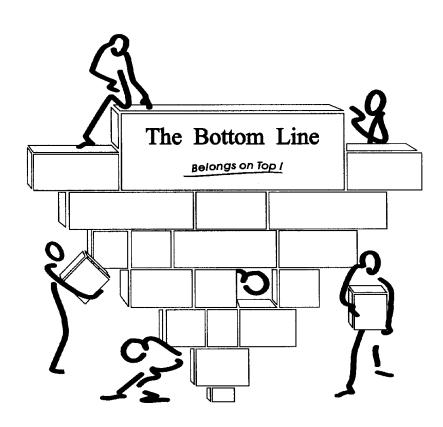




A Deductive Approach









TARGET MESSAGING TECHNIQUE

- 20 25 seconds
- 3-4 succinct sentences
- Incorporate the question or issue in your answer
- Focus on needs and interests of the other person 'you-centric' rather than 'me/we centric'
- Be headline driven deductive vs inductive
- Avoid jargon
- Use the 'Rule of 2 or 3'



WHAT'S YOUR USP?

YOUR UNIQUE SELLING/NEGOTIATING PROPOSITION



TARGET MESSAGING PRACTICE



MODULE THREE

INFLUENCE AND PERSONALITY TYPES



frames of reference

The lenses through which we view the world





Response

The success of any communication you make is judged by the response you create





NEURO-LINGUISTIC PROGRAMMING (NLP)

AUDITORY
VISUAL
TACTILE/KINAESTHETIC



Expressive (tell/emote)

Good communicator

Talks about feelings

Confident

Active

Enthusiastic

A central focus in groups

Hot button:

'Get

Recognised!'





Driver (tell/control)



Dynamic

Able to get things done

In control

Purposeful

Forceful

Confident

Hot button:

'Get it done!'



Amiable (ask/emote)



Supports

Caring listener

Builds relationships

Concern for welfare of

others

Mild

mannered

Good team

player

Hot button:

Get along

with each

other'



Analytical (ask/control)

Thinks

before

speaking

Clarity of

focus

Detail

oriented

Not

overbearing

Quietly

confident

Purposeful

Hot button:

Get it right!





STYLES WHEN NEGATIVELY PERCEIVED...

Expressive: Attacker

Driver: Dictator

Amiable: Acquiescer

Analytical: Avoider





CLOSING WORDS

- ➤ Speak up at work
- >Learn to negotiate
- > Find a mentor
- ▶Be a coach
- ➤ Build your personal brand

- ➤ Work on what you fear
- ➤ Be confident
- ➤ Have a vision
- ➤ Be generous to others
- ➤ Be good to yourself



THANK YOU!

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